



## January 2017 Newsletter

Dear *YOU*iversity Families,

The New Year is here and I am so excited for all that is happening in 2017! I hope you and your family had a wonderful holiday season and a happy New Year! We have been blessed here at All Care to welcome some new individuals at the *YOU*iversity and they are adjusting well and are part of the *YOU*iversity family. In January, I am continuing to help each individual work on achieving their goals. I have some activities planned in the community that help achieve some of their goals as well. Please feel free to contact me with any questions or concerns that you might have at any time. Thank you for all your support and I wish you all a very happy and prosperous 2017!

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*YOU*iversity Director  
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<p><b>January Human Right: People have the right to vote.</b></p>	<p><b>January CQL Factor: People interact with other members of the community.</b></p>
<p><b>Community Outings for January:</b>  <b>01/02/17: YOUiversity Closed</b>  <b>01/04/17:</b> Bloomfield Gym  <b>01/05/17:</b> Gold Cup Bowling (Bring \$3)  <b>01/09/17:</b> Bloomfield Gym  <b>01/11/17:</b> Bloomfield Gym  <b>01/12/17:</b> Rigby's Mini Golf (Bring \$10)  <b>01/16/17: YOUiversity Closed</b>  <b>01/18/17:</b> Bloomfield Gym  <b>01/19/17:</b> State Bank Tour  <b>01/20/17:</b> Smoke n' Pig (Bring \$10)  <b>01/23/17:</b> Bloomfield Gym  <b>01/25/17:</b> Bloomfield Gym  <b>01/27/17:</b> Lanford Library  <b>01/30/17:</b> Bloomfield Gym  <b>01/31/17:</b> Museum of Aviation</p>	<p><b>Independent Goals for January:</b>          Interacting with others, Managing Money, and Exercise</p> <p><b>December 2nd &amp; 16th:</b>          The <i>YOU</i>iversity will be closed on Monday, January 2<sup>nd</sup> in observance of New Year's. We will also be closed on Monday, January 17<sup>th</sup> in observance of Martin Luther King, Jr. Day.</p>
<p><b>Dog Therapy:</b> We have therapy dogs come in every two weeks. Everyone has enjoyed interacting with them!</p>	



# January 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
2 OFFICE CLOSED	3 Game Day 	4 Bloomfield Gym 10:15am 	5 Gold Cup Bowling 10:00 (Bring \$3) 	6 Movie Day 
9 Bloomfield Gym 10:15am 	10 Dog Therapy 	11 Bloomfield Gym 10:15am 	12 Rigby's Mini Golf Bring \$10 	13 Fun Friday Activities 
16 OFFICE CLOSED	17 Arts & Crafts 	18 Bloomfield Gym 10:15am 	19 State Bank Tour Bring \$10 10:00am 	20 Bring \$10 
23 Bloomfield Gym 10:15am 	24 Dog Therapy 	25 Bloomfield Gym 10:15am 	26 Karaoke Challenge 	27 Library 
30 Bloomfield Gym 10:15am 	31 Museum of Aviation 	Human Right: People have the right to vote.	CQL Factor: People interact with other members of the community.	
<b><u>YOUiversity Hours</u></b> Monday – Friday 8:00AM – 2:00PM		<b><u>YOUiversity Location</u></b> 5797 Houston Road Ste C Macon, GA 31216		<b><u>Reminders</u></b> * Calendars are tentative, activities are subject to change * Dress appropriately according to planned activity * Bring lunch unless otherwise directed